

30 days of Vegetable Sides

Day 1 Artichoke Marinated Artichokes	Day 2 Arugula Wilted Arugula	Day 3 Asparagus Sautéed Asparagus	Day 4 Green beans Spicy Chinese Szechuan Green Beans	Day 5 Peas Mushy Peas	Day 6 Bok choy Spicy Bok Choy in Garlic Sauce
Day 7 Broccoli Broccoli Soup	Day 8 Brussels sprouts Kung Pao Brussels Sprouts	Day 9 Cabbage Tikel Gomen (Ethiopian)	Day 10 Carrots North African Spiced Carrots	Day 11 Cauliflower Masala Cauliflower	Day 12 Celery Braised Celery
Day 13 Chard Sautéed Swiss Chard with Garlic and Lemon	Day 14 Lettuce Grilled Romaine Salad	Day 15 Mushrooms Buttered Balsamic Mushrooms	Day 16 Onion Slow roasted marinated onions	Day 17 Leek Braised Leeks	Day 18 Peppers Peperonata
Day 19 Turnip Glazed Turnips	Day 20 Fennel Roasted Curry Fennel	Day 21 Spinach Gomaae (Japanese)	Day 22 Butternut squash Butternut Nhopi (Zimbabwean)	Day 23 Cucumber Cucumber Soup	Day 24 Spaghetti squash Thai Red Curry Spaghetti Squash
Day 25 Tomato Salsa	Day 26 Sunchokes Crispy Jerusalem Artichokes	Day 27 Zucchini Baked Zucchini Chips	Day 28 Collard Greens Gomen Wat (Ethiopian)	Day 29 Radish Glazed Radishes	Day 30 Bamboo shoots Pad Ped Naw Mai Moo Sap (Thai)

